Year 1 Class Teacher's Guidance to Parents
Term 1 and 2

PSHE

Preparing to play an active roles as citizens.
School parliament votes.

Preparing to play an active roles as citizens.
School rules, School values School council votes/ debate Responsibilities/ choices
Black history month – OCT

Ten:Ten Relationships Module 1: unit 1. –1. Story session – handmade with love.
Session1 . Unit 2 1.I am unique(me) ,
2. Girls and boys body.
3. Clean and healthy (my health)

Anti-Bullying Week: 16–20 November 2026
(Odd Socks Day: Monday 16 November)
UK Parliament Week: 23–29 November 2026
Road Safety Week (Brake): 15–21 November 2026

English

Key Texts; Talk for Writing:

Autumn Poems
Traditional Tales - The Gingerbread Man
Out and About by Shirley Huges

Reading: Building up reading stamina and enjoyment of a variety of text types such as short stories, poetry and reading instructions and signs. Talking with confidence about plot, character and feelings about different stories heard and read independently.

Writing independently writing captions, labels, speech bubbles, short stories, letters and applying knowledge of letters and sounds to write for a purpose. Forming letters legibly and ensuring writing can be read by another person.

🏠 Ways to help at home
Practise reading your home reader, words, and signs you see when out and about.
Continue to practise handwriting, letter formation and size. Writing on the lines, finger spaces

Religious Education

Term 1 Branch 1: Creation and Covenant

- Explore Bible texts where God creates and calls people.
- Learn the Christian belief that everything comes from God.
- Study Genesis, Psalms, and covenants (promises) in the Old Testament.

Term 2 Branch 2: Prophecy and Promise

- Linked to Advent.
- Learn about the birth of Jesus, the Messiah promised by God.

Science

Year 1 seasonal changes
Animals including humans

Phonics: Little Wandle Letters and sounds revised

Year 1 Autumn 1

	Phase 3/4 review + 4 Phase 5 GPCs	Review tricky words
Week 1	review Phase 3 GPCs ai ee igh oa oo ar or ur **oo** ow oi ear	Phases 2–4: the put* pull* full* push* to into I no go of he she we me be was you they all are my by sure pure said have like so do some come love were there little one when out what says here today
Week 2	air er /z/ s –es words with two or more digraphs e.g. queen thicker	
Week 3	Phase 4: CVCC CCVC CCVCC CCCVC Phase 4 with long vowels	
Week 4	**Phase 5** /ai/ ay play /ow/ ou cloud /oi/ oy toy /ee/ ea each	
Week 5	review longer words	

*The tricky words 'put', 'pull', 'full' and 'push' may not be tricky in some regional pronunciations; in which case, they should not be treated as such.

Mathematics

These main areas covered in Mathematics will be to:

Number place value to 20
Addition/ subtraction within 20 (including money)
Place value to 20
Measurement, length and height Shape fractions

🏠 Ways to help at home:
Counting forwards and backwards from a given number.
Practice addition and subtraction, doubling.
Play maths games like snakes and ladders.

Year 1 Autumn 2

	Phase 5 graphemes	New tricky words
Week 1	/ur/ ir bird /igh/ ie pie /oo/ /yoo/ ue blue rescue /yoo/ u unicorn	their people oh your
Week 2	/oa/ o go /igh/ i tiger /ai/ a paper /ee/ e he	Mr Mrs Ms ask*
Week 3	/ai/ a-e shake /igh/ i-e time /oa/ o-e home /oo/ /yoo/ u-e rude cute	could would should our
Week 4	/ee/ e-e these /oo/ /yoo/ ew chew new /ee/ ie shield /or/ aw claw	house mouse water want
Week 5	Grow the code: /igh/ ie i i-e /ai/ ay a a-e /oa/ oa o o-e /ee/ e ie e-e ea /oo/ /yoo/ ew u-e u ue	

*The tricky word 'ask' may not be tricky in some regional pronunciations; in which case, it should not be treated as such.

PE

Fitness – running, coordination, stamina, strength, agility balance

Fundamentals – balance, sprinting, jogging, jumping, hopping, skipping

Ways to help at home:
Balancing skills
Hopping
Skipping
Jumping

Geography

My sunny/rainy Tunbridge Wells Weather Exploring Weather –
What Can We See in the Sky?
Weather and the Seasons – Noticing Autumn Rainy Tunbridge Wells Windy Weather Hot and Cold Places – Compared to Tunbridge Wells My Rainy/Sunny Tunbridge Wells – Our Weather Story..

Art

Spirals Using drawing, collage and mark-making to explore spirals. Introducing sketchbooks.
Drawing Exercises for DT Half Term: Ages 5-7

DT

Mechanisms: Matching slider game /Christmas card/book Cooking and nutrition Fruit Kebabs Create a design for a fruit snack. Daily using school fruit – all year

Music

Rhyming In Time

	<u>History</u> **My incredible Family Tree and Me.** **What is history? How have I changed? Who is in my family? My family tree** **Finding out about the past — asking a historian I am making history**	1.Move in time with the beat/pulse, responding to the different tempo (speeds). 2. Chant, rap and sing using different voices (eg elephants and snakes) following simple cues such as starting together **Let's Start Singing** 1. Understand how to warm up your body and voice, ready to sing. 2. Sing songs accurately matching the vocal pitch (in tune). Nativity Performance