Class Teacher's Guidance to Parents

Autumn 1 and 2 2026

Personal, Social and Emotional Development

• **Setting boundaries**- knowing where to go around our classroom, playground and around the school building. How to walk safely and quietly from one place to another.
• **Rules and routines** – Knowing our class rules, routine of the day and specific weekly events. Zones of regulation.
• **Learning names and finding out about each other**- linked to RE. Talking about myself, my family and my likes and dislikes.
PSHE Ten Ten: Me, my body, my health. Finding out ways to keep healthy.

Ways to help at home:
Talk about one thing that you enjoyed at school today. Begin to learn, name and recognise new friends and staff in the class.

Communication and Language

(Speaking and Listening skills)
Review time- Child initiated activities are reviewed at the end of each afternoon by the children.
Speaking and Listening:
• Attentive listening
• Speak in a familiar group about familiar activities.
• follow instructions
• respond appropriately to questions

Ways to help at home:
Speaking in the correct tense and using real words to describe nouns, such as dog instead of doggy.

RE

Branch 1 Creation and Covenant
God is love.
God made each one of us. God loves each one of us as a unique person. God made a wonderful world and what God creates is good.
God loves us and we are part of a family. Catholic Social Teaching God made:
the earth and sky, all the people all over the world, all the animals and plants, the air, the ground and the water.

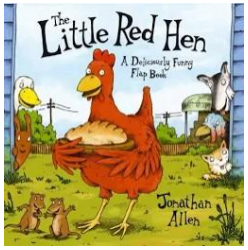
English

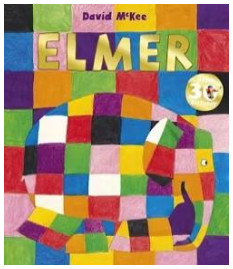
Phonics:
Phase one listening activities.
Little Wandle Letters and Sounds phase two.
Writing: learning to write each letter (grapheme) using the pneumonic. Learn how to write the letters of their name with a capital letter at the start for naming items and models made.
Reading: Read and share a class or library picture book daily at home. Practise sounds taught at school each day from sound book.
Drawing club: Fiction: Key Text: Cumulative Story: Not now Bernard Little red riding hood Going on a bear hunt, Rupunzel 10 Decker bus.

Ways to help at home:
Begin to spot and talk about known signs and words in the environment such as shop signs. Practise saying each sound as they come home each week in the sounds books.

Our topic is

Marvellous Me and Amazing Animals





Mathematics

Subitising (knowing how many there are without counting) numbers within 3.
Counting objects within ten and counting verbally beyond 20.
Explore what each number, up to 5, is made up of.
Comparing sets and looking at the language of more than, fewer than, an equal number.

Shapes – circles, triangles and shapes with 4 sides.

Ways to help at home:
Counting stairs as you walk up and down.
Spotting numbers 1-5 and 2D shapes in environment.
Spotting door numbers.

https://www.littlewandlelettersandsounds.org.uk/resources/for-parents/		Watch Numberblocks

Physical Development	Understanding the World	Expressive Arts and Design
Fine motor skills , pencil skills, colouring, handwriting patterns, painting. **Gross motor skills**, building, digging, running and jumping, pouring, balancing, throwing and catching. **PE:** The children will be introduced to Physical Education and structures movement through the topic of fantasy and adventure. They will spend time learning basic principles of a PE lesson such as finding space, freezing on command, using and sharing equipment and working independently, with a partner or in a group. They will take part in activities that develop skills such as running, jumping and skipping. **Come to school every Wednesday in PE clothes.** • Wellies/shoes/coat on and off independently 🏠 Ways to help at home: Dressing and undressing independently, zips, buttons, shoes- Velcro or laces! Putting coat, jumper and shoes on independently. Wiping and drying yourself independently after using the bathroom.	-Talk about members of their immediate family and community, describe our home and who we live with. Please bring a photo of the outside of your home to school to share and display. -Children can and will be able to name and describe people who are familiar to them. Please bring a photo of your family to display at school. -Understand the effect of changing seasons on the natural world around them. Seasonal changes from summer to autumn, exploring our plants and nature areas, collecting leaves, change in temperature. Recognise that people have different beliefs and celebrate special times in different ways. 🏠 Ways to help at home: Watch the weather forecast or share with your child what the weather will be today by using a weather app on your phone. What clothes do we need to wear tomorrow?	• Actions and movement songs about themselves and the body. • Learning to take part in a daily dance and music and movement. • Feeling the pulse and using classroom instruments correctly. How to use the continuous provision correctly- where and how resources are used and stored. • painting self-portraits • house collages • making patterns. **Role play and imaginative play; using and engaging with our indoor and outdoor role play areas.** 🏠 Ways to help at home: Talk about colours, textures, shapes and patterns you can see around your home.